



NDInsider

The newsletter of Indiana's
NeuroDiagnostic Institute
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana | www.in.gov/fssa/dmha/2935.htm | Vol. 6, Issue 10, October 2022

The Indiana State Employee' Community Campaign kicked -off at NDI with our very own Employee Recognition Committee serving up hundreds of free burger lunches to all our staff on September 9th.



The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.

We started the SECC month with a lunch and we ended the fun with a pun. Alpaca Lunch Day was a huge success! Thank you to everyone who brought your lunch on Monday September 26th and donated to some of your favorite charities.



So, what is next for October? Three words: Pet. Photo. Contest. That is right, the ERC is bringing back our SECC Pet Photo Contest. Do you have the Prettiest Pooch? Is your Kitty the Cat's Meow? Submit the cutest pic of your pet and join the fun but be sure and submit your photo to ndierc@fssa.in.gov by October 7th to join! Voting on the Pets will begin October 14th!



NDI SECC Event:
Pet Photo Contest
Who's the Cutest?

\$ 100 in Prizes!

Send Us Your Purrfect Pet Picture
and their name to
ercndi@fssa.in.gov
By Friday October 7th to Enter!

And rounding out October, starting on the 17th is our jeans week!

SECC JEANS WEEK October 17TH-23RD

Anyone who wants to wear jeans this week
can donate \$5 and get their armband.



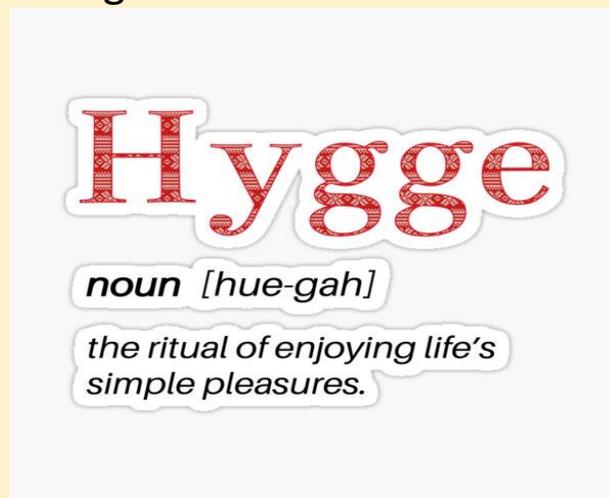
PUT AWAY YOUR SCRUBS FOR A WEEK
FOR A GOOD CAUSE!!
\$5 DONATIONS GETS YOU 7 DAYS IN
JEANS 😊
JEANS WEEK
October 17TH- 23RD



Night shift can purchase armbands Oct 11-14 in the front lobby 7am-8am.
Day shift can purchase by Vocering Niki Brinker Oct 11th-14th 8am-10:30am.

The FSSA's theme this year is board games, so in keeping with this theme, we thought we could give you something a little different in this newsletter.

HYGGE. You may have played it at our Burger Lunch but here is the basic run down... Hygge (Hue-Gah) is Danish word that translates into a feeling of being cozy. Hygge Cards is a game of conversation. The point of the Hygge questions is not to answer them just so you can keep answering its questions, but to find a sense of thoughtful togetherness in the exploration of these questions. If you find it has been an hour chatting since the last time you answered a different Hygge question, then it has done its job. Below are just a few questions you may want to explore with co-workers and (if appropriate) Patients to play this game of conversation.



Do you think that email will ever eventually replace normal mail?

What can we learn from children?

What does the world need more of?

Name a time when you did something reckless and daring.

State Workers
Donation Page:



<https://secc.americascharities.stratuslive.com>

Non-State Workers
Donation Page:



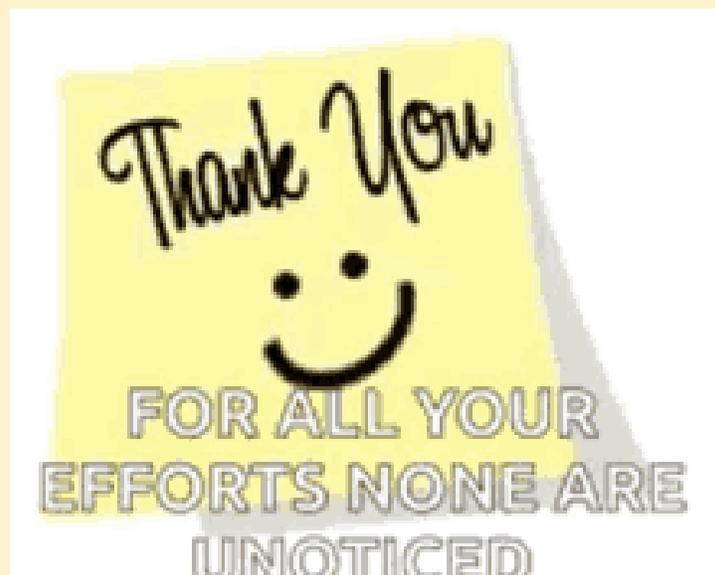
<https://secure.givelively.org/donate/america-s-charities/2022-indiana-secc-donation-page>

Need to find your non-profit organization or an EIC number?

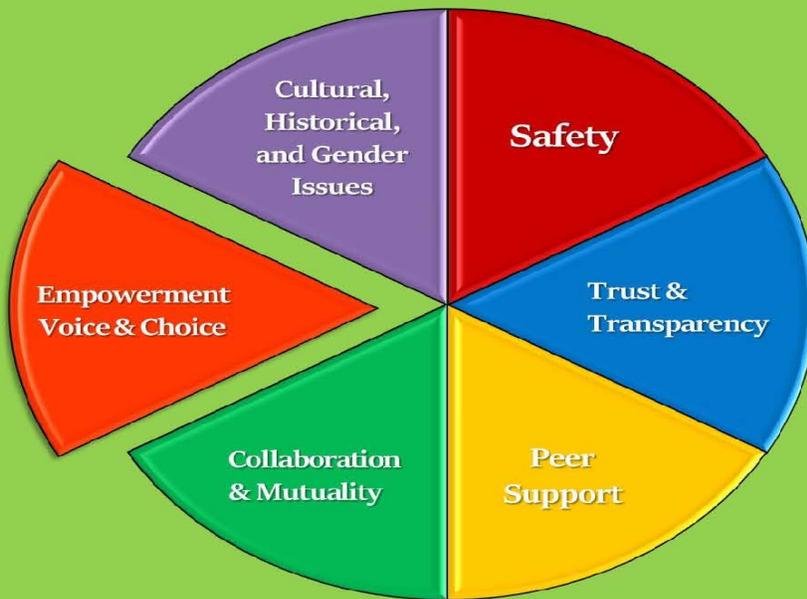


<https://www.guidestar.org>

Finally, here are some helpful QR Codes and Links to make donating to your charity of choice a breeze. Any questions? Email us at ndiERC@fssa.in.gov



TRAUMA INFORMED CARE



The Six Principles of Trauma Informed Care

EMPOWERMENT VOICE & CHOICE

Principle #5 of Trauma Informed Care

A SuccessFactors training on the “**Empowerment Voice & Choice**” Principle of Trauma Informed Care will be offered beginning October 1, 2022.

Please contact your Staff Development Team if you need any assistance. The training and test will need to be completed by October 31, 2022.



Our NDI Non-Nursing Star of the Month is

Tonya Sowers

Tonya completed the asset inventory for the you service team. We appreciate her help greatly as nursing has been short staffed.

Nominated by Alan Faulkner

Our NDI Nursing Day Shift Star of the Month is

Brianna Balance

Brianna deserves to be recognized as the NDI STAR due to her tireless hard work on the youth units. She is always positive and supportive to the patients. Brianna seeks guidance and clarification as needed, but her innate skills and instincts consistently match any guidance she could receive. She works to understand how the patient's trauma impacts them and goes out of her way to be a caring staff member who can provide the patients with corrective experiences. Brianna is an asset to the youth services team!

Nominated by Dr. Lauren Overhage

Our NDI Nursing Night Shift Star of the Month is

Joe Perkins

Joe is a SA on night shift on Unit 6E. He has been a long-time employee with the State of Indiana. He was one of the staff members who made the transition from Laure Carter to NDI. Joe is always cheerful and willing to help in any way he can. He volunteers to work overtime on a regular basis and is willing to work on any unit he is asked to work. Joe played a vital role in assisting Nursing Supervision and his peers in preparing NDI for the Joint Commission Survey that was conducted this year. Joe is definitely an asset to NDI .

Nominated by Pam Conover

Other NDI staff nominated for EOM: Leigh Holmes, Monica McLean, Niki Brinker, and Jill Bousamra.

If you would like to nominate one of your fellow employees, please submit nominations to: ERCNDI@fssa.in.gov. The nomination form can also be found in the L drive under **FSSA NDI Employee Recognition Committee**



CERTIFICATES OF EXCELLENCE

DEBO ADEBOTAN
ABDUL ALIYU
ANGELA BENNETT
REBECCA BRIDGET
ASHLEY CROWE
BOB FECZKO
SHANTE HARRIS (2)
BRIDGET IDAHOSA
BRIAN LARIMER
OLARON OLUSESAN
DEBBIE RAUGHTER
MATT THOMPSON
KAITLYNN ZIMMERMAN

OLATUNJI AKINGBULIRE
SARA BASSLER
SANDHYA BHONDE
KIKUKO CAMPBELL
EMILY DAVIS
GERALD GARRETT
KIERRA HOLMES
KYLE JACKSON
CARRIE MEFFORD
BRITTANY PARADISO (3)
DIONDRAE RICE
JAMIE TUGGLE
OLUWAFEMI (FEMI) IJIMAKINWA

ADAMS AKINTUNWA
ANGELICA BATEMAN (2)
EILEEN BRICKER
JALEA CHADD
SABRINA DEVOL
KRUBO GURLEY
LEIGH HOLMES
JASON KING
CAITLIN MONTGOMERY(2)
TODD PETERS (3)
ERIN SMILEY
NYEN-NYEN VOLAWOU



Anyone can nominate a fellow employee for a Certificate of Excellence!

Please include: Name of recipient, recipient's supervisor, brief statement of why you wish to recognize your colleague. All recommendations should be sent to NDICOE@fssa.in.gov



Karen Hudson
Lyndsey Goble
Kevin Waite
Krubo Gurley
Darrel Humphrey
Kimberly Avant
Patricia Rainey

Opeyemi Adeyonu
Ahmed Adedokun
Todd Peters
Michelle Flick
Vittoria Tucker
Sara Banner

Jennifer Weber
Lisa Wilson
Alexander Jackson
Danny Milton
Joe Perkins
Karen Sweatt

NDI

CREST Team

C.R.E.S.T stands for Care and Restoration through Emotional Stress and Trauma.

C.R.E.S.T?



Critical Incident Stress Management is a way of offering mental health first aid and support to staff after a traumatic event.

PURPOSE



Members are given CISM training from the International Critical Incident Stress Foundation.

TRAINING



Total number of team members available days, nights, and weekends to care for you.

12



Contact

Contact us using Vocera by saying, "CREST team" or by contacting Security.

Available to listen after a traumatic experience.

SUPPORT

Support all staff members after a traumatic hospital event with safe, confidential 1-on-1's or small groups

GOALS

Normalize staff reactions, mitigate the effects of the critical incident stress, promote a return to normal productivity

TEAM

Fred Madren-Marc
Gordon-Todd Peters-
Kellee Hawkins-
Coleman-Tori Selznick-
Henry Olatimeji

MORE TEAM

Erin Clampitt-Laurie Lee-
Brittany Paradiso-Pamela
Conover-Lisa Passarelli-
Sabrina DeVol



Please make sure you check your State Email **regularly!!** Notifications about training from Success Factors, Staff Development and FSSA are sent to your State Email!! Additionally, if you are unable to attend a training you are assigned to, Please contact Staff Development at nditraining@fssa.in.gov as soon as possible to get rescheduled.